ST. THOMAS CENTRAL SCHOOL

Draft of Annual Report for the year (2019-20)

The academic year 2019-20 began on Sunday, 19th May 2019 at 8.00am with a Holy Communion led by **Rev.Abraham Scaria P** of Mar Thoma Seminary, Kottayam followed by a retreat and a session led by Smt Bindu Abraham.

On 20th May 2019, Shri. K Jayakumar, Chief Secretary(Retd.), Director, IMG took a session for the teacher in the morning & Adv.J Sandhya, Member, Kerala State Commission for Protection of Child Rights took another session regarding overview of POCSO Act in the afternoon.

On 21st May 2019, Prof.Thomas Oommen, Former HOD, Dept. of English, St.Thomas College, Kozhencherry, took a session for the teachers. On 22nd & 23rd May, model classes was conducted for Primary section teachers.

RESULTS OF THE AISSE AND AISSCE 2019

At the AISSCE (Class XII) 2019 we presented 342 students in the Science, Commerce and Humanities streams.

In the **SCIENCE** stream 242 students appeared out of which there were 190 secured distinction, 47 secured first class and 5 secured second class.

REMITA AUSTIN scored **97.8%** and became the **topper**.

ATHMAJA VIDYA AJITH stood second with 95.8%

A K ABHINAV, SREEHARI M P & GAYATHRI VINAYAN secured the third position with 95.4%.

In the **COMMERCE** stream out of 58 students, 53 students secured distinction and 4 secured first class.

ALEENA JOHN bagged the **first** position with **96.8%**.

ARYAN J VIJU stood second with 96.2%.

ASHWIN JOHN A & AGRAJHA S A secured the third position with 95.8%.

In the **HUMANITIES** stream 42 students appeared out of which 39 secured distinction, 2 secured first class and 1 second class.

B R NEERAJ bagged the first position with 99%.

ANAMIKA R secured the second position with 98%

ANNIE THOMAS & RHEA ELIZABETH POTHEN stood third with 96.8%

The CBSE awards the A1 grade to the top 1/8th students in each subject. A large number of our students have secured A1 grades in different subjects. The following are the number of students who secured A1 grade.

English	- 137 out of 342	Accountancy	- 48 out of 58
Mathematics	- 60 out of 246	Economics	- 33 out of 100
Physics	- 84 out of 242	Informatics Pract	ices - 4 out of 43
Chemistry	- 77 out of 242	Political Science	- 20out of 42
Biology	- 58 out of 158	Psychology	- 6 out of 23
Computer Science	e - 20 out of 114	Sociology	- 31 out of 42

Business Studies - 26 out of 58

At the AISSE (Class X) 2019 we presented 230 students out of which 194 secured Distinction, 34 secured First Class & 2 secured Second Class.

ABHIMANYU S V secured First Rank with 98.6%.

ABHISHEK S & GADHA R WARRIER secured Second Rank with 98%.

ABHIRAM AJITH shared Third Rank with 97.6%.

The CBSE awards the A1 grade to the top 1/8th students in each subject. A large number of our students have secured A1 grades in different subjects. The following are the number of students who secured A1 grade.

English	- 83 / 230
Mathematics	- 75 / 230
Science	- 91 / 230
Social Science	- 93 / 230
Hindi	- 5 / 60
Malayalam	- 16 / 149
French	- 4 / 21
FIT	- 72 / 230

(Foundation of Information Technology)

List of students who qualified in the JEE(Main) 2019

1.	Mili K Johnson	9. Siddarth Saipreeth
2.	Sarah George	10. Yilmaas A
3.	Aathil Samad	11. Aleena Ann George
4.	Gautam Narayan	12. Devika K
5.	Mohit S Shiju	13. Praful Sibi Mathews
6.	Sreehari M P	14. Rohan George
7.	Sree Vishnu M P	15. Bhadra K S
8.	Satyajith R Nair	16. C S Malavika

List of students who qualified in KEAM 2019

Rank

1. Sarah George - 17th (PWD category)

List of students who qualified in NEET 2019

Rank

1.	Sarah George	- 928 (PWD category)
2.	Sreehari M P	- 6572

3. Sreevishnu M P - 6143

Admission secured by our students in various Medical Colleges as per NEET rank (National Eligibility cum Entrance Test 2018)

Repeaters

1. Anzal Mohammed N

- Medical College, Kottayam

Admission secured by our students to various professional colleges:

At the State and National level Engineering and Medical examination our students performed well and secured admission to leading colleges.

1. B R Neeraj

2. Ananya Mankal S

3. Anamika R

4. Sree Parvathi P

5. Neha Sara

6. Aryan J Viju

7. Remita Austin

8. Emil Jacob

9. Jeevan Stephen Thomas

10. Aleena Ann George

11. Sarah George

12. Jelin P Jhinu

13. Devika A

14. Bhadra K S

15. Rhea Elizabeth Pothen

16. Sarah Richa Sajan

17. Kevin Abraham

18. Diya Ann Jose

19. Bhadra Suresh

20. Sarah Maria Joseph

- IIT, Chennai (Integrated MA)

- IIM, Indore(Integrated MBA)

- Lady Shri Ram College(BA Hons, Sociology)

- Lady Shri Ram College(BA Hons, Sociology)

- St.Stephen's College, New Delhi

- Shri Ram College of Commerce

- VIT, Vellore

- VIT, Vellore

- VIT, Vellore

- NIT, Calicut

- NIT, Calicut

- NID, Ahemedabad (43rd Rank in NID)

- College of Engineering, Trivandrum

- Govt. Engineering College, Barton Hill

- St Xaviers College, Mumbai(BA, PolScience)

- Madras Christian College, Chennai

<u>UPDATES</u> of the Academic Year 2019-20

❖ School Statistics 2019

At present, STCS has a strength of 3160 students including Higher Secondary, High School, Middle School & Primary. We have a total of 115 teaching staff.

- In the **Higher Secondary section (XI & XII)**, there are three branches of study-Science, Commerce and Humanities. The total number of divisions are 14. Total no. of students in each stream is as follows; Science 469; Commerce 93; Humanities 88.
- In the **High School section (VIII X)**, we have a total 16 divisions with 711 students.
- Middle school section (V VII), handled by the Head Mistress Mrs.Asha Varghese, has 17 divisions and the total number of students in this section is 779.

• **Primary section (I - IV)**, handled by the Head Mistress, Mrs.Reena Mariam Varghese, has 24 divisions and the total number of students in this section is 1068.

❖ Appointments

The following teachers were appointed this year in our school:-

- ✓ Direct appointments to our school Mrs.Aparna Singh, Mrs.Lizu Verghis, Mrs.Arathi Mohan, Mrs.Sheeba Shincy Mammen, Mrs.Susan Peter, Mrs.Angelina Thomas, Mrs.Nissi Mary John, Mrs.Prabhjot Kaur, Ms.Revathy A S, Mrs.Ashi Susan Kuriakose
- ✓ Transferred from sister concerns to our school Mrs.Susan Thomas, Mrs.Jessy Kurian, Mrs.Surumi M, Mrs.Sangeetha C S

* Retirements

✓ Mrs.Annamma Thomas, Mrs.Kessia D retired on 31st May 2019 .

Their services to the institution were innumerable and will be memorable in everyone's mind.

INTERNAL ACTIVITIES

- <u>Investiture</u> Investiture ceremony 2019 was held on 21st June 2018. Epaulettes and badges were presented to the prefects from Primary, Middle School, High School and Higher Secondary section.
- Felicitation Ceremony This academic year Felicitation Ceremony was held on 13th June 2019. Mr.Manish Kumar Tyagi, Assistant Secretary, Head, CBSE Centre of Excellence, felicitated the rank holders and subject toppers of AISSCE 2019 and AISSE 2019. A memento was presented to our former student, Mr.Anoop Bijli for his special achievement in the UPSC Exam. Dr.Rajan Varghese-Secretary, MTCES, Sri.Mathew George-Treasurer, MTCES, Mr.Cherian Varghese, Construction Committee Chairman & Rev.Vinith Mathew, Chaplain graced the occasion.

HIGHLIGHTS OF THE ACADEMIC YEAR 2018-19

Commendations

- **Stephy Stephen**, the school topper for Humanities (2017-18) has been invited to witness the Republic Day Parade, January 2019 from the Prime Minister's Box at Rajpath, New Delhi.
- The Department of Science & Technology (DST), Ministry of Science and Technology, Government of India awards Scholarship for Higher Education (SHE) under Innovation in Science Pursuit for Inspired Research (INSPIRE) to the students who are within the top 1% at Class XII examination conducted by the Board during the academic session ending March/April. The qualified students receive Rs.80,000/- each per year for five years from the Govt.Of India. **Priyanka Prakash Nair** of Class XII (2016-17) has received this Scholarship.

FACULTY IMPROVEMENT PROGRAMME

- The South Zone Sahodaya Complex organized an Orientation programme on 23rd June 2018 at Vivekananda Memorial Public School, Aralummoodu, Trivandrum from 10am to 3pm. Teachers who attended the workshop were: English –Mrs.A Leena Nair, Malayalam Mrs.Meghana I S, Hindi Mrs.Sumitha B S, Mathematics Mrs.Reena Rajan, Science Mrs.Mariamma Cherian, Social Science Dr.Leena V Stephen, Mrs.Lekshmi Nair G
- The South Zone Sahodaya Complex organized PGT workshop on 30th June 2018 at Christ Nagar Sen. Sec. School, Thiruvallom from 9.30 a.m to 3.00 p.m. Following PGT Teachers were the Resource Persons for the workshop. Mrs.Radhika K (Physics), Ms.Rosemol T G (Mathematics), Mrs.Sreekala T G (Chemistry), Mrs.Nitha Aby Zacharia (Computer Science), Mrs.Suja Annie Chandy (Commerce).
- Two day Capacity Building Programme was organised by CBSE for Secondary Mathematics Teachers on 20th& 21stJuly 2018 between 9.00am–5.00pm at Christ Nagar Central School, Kattakada. Mrs.Maya R participated in this training workshop.
- CBSE organized **a** one day Capacity Building Programme for Gender Sensitivty on 28th July 2018 between 9.00am–5.00pm at Sree Chithira Thirunal Residential Central School, Kunnathukal. Mrs.Sreekala T G &Mrs.Sindhu V S participated in this training workshop.
- Mrs.Sheena Kochunni & Mrs.Neeba Ann Baby attended the Awakened Citizen Program, a value education program conducted by Rama Krishna Mission in collaboration with CBSE on 14th& 15th September 2018.
- CBSE conducted two days Capacity Building workshop for Physics Teachers of Class XII on 14th& 15th September 2018. Mrs.Susamma Shajan participated in the training workshop between 9.00am–5.00pm at Kairali Vidya Bhavan, Nedumangad.
- CBSE conducted two days Capacity Building workshop for Secondary Social Science Teachers on 14th& 15th September 2018. Mr.Rejith R V participated in the training workshop between 9.00am–5.00pm at Christ Nagar Central School, Kattakada.
- Mrs.Jaya Elizabeth Koshy, School Counsellor attended the training organized by the State Commissioner & Secretary, Govt. of Kerala for identifying disabilities of children at early stage which was scheduled on 7-11-2018.
- CBSE conducted two days Capacity Building workshop on Career Guidance on 7th& 8th December 2018 from 9am to 5pm at Saraswathi Vidyalaya, Vattiyoorkavu. Mrs.Betty Ninan, the Career Counsellor attended the workshop.
- Mrs.Reena Mariam Abraham, HM, Primary section attended the training organized by the State Commissioner & Secretary, Govt. of Kerala for identifying disabilities of children at early stage which was scheduled on 7-12-2018.

ORIENTATION PROGRAMMES CONDUCTED FOR STUDENTS

• An orientation programme was conducted for students of Std IX &XI by Mr. Sajan Zachariah Varghese, co-ordinator, VIVO (a charity initiative funded by a group of young professionals with a philanthropic tend of mind) on the topic "Finishing Strong". It was a motivational program to encourage students not to give up, to help them, take time to discover their 'purpose' and to 'believe' that they can achieve it and to be 'courageous' and 'determined'.

- A motivational class for Std VIII students were conducted on 'How to prepare for Civil Service Examination' by Shri Jobin S Kottaram at the auditorium.
- The Biology students of class XII were taken for a study tour to JNTBGRI (Jawaharlal Nehru Tropical Botanic Garden and Research Institute), Palode, Thiruvananthapuram on 17th November 2018, as a part of their curriculum

INTER-SCHOOL COMPETITIONS HOSTED BY STCS

❖ KERMUN − **2018**

St. Thomas Central School hosted the third edition of KERMUN Kerala Model United Nations on the 15th and 16th September 2018, at the school campus. The conference was inaugurated by **Dr.Rajan Varghese**, Secretary, The Mar Thoma Church Educational Society. The guest speaker was **Mr. H N Nair, ICLS (Retd.)**

160 student delegates from 12 schools participated in this two day conference. KERMUN aims to provide an avenue for the student delegates representing different countries to play the role of the country's top diplomat. Students are moulded into world class leaders capable of solving international issues, initiating diplomatic talks and negotiations in accordance with their country's foreign policy.

❖ ARENA – 2018

The Interschool quiz competition Arena 2018 was conducted on 9th November 2018. 17 schools including our school participated in the quiz. 5 schools got selected after the prelims. Loyola School, Sreekariyam emerged as the winners. Arya Central School, Pattom secured Second position and St.Thomas Residential School secured Third position.

❖ <u>DEVINETTE – 2018</u>

Devinette, the Interschool Quiz Competition, was conducted on 7th December 2018, Friday, at St.Thomas Training College auditorium between 12.30 to 2pm. Prof. Vijaya Kumar was the Quiz Master. 14 teams attended the prelims. 6 teams were selected for the final competition. Bharatiya Vidya Bhavan, Kodunganoor were the winners. St.Thomas Residential School, Mukkolakkal came in the second position & Jyothis Central School, Kazhakoottam came in the third position.

REMARKABLE ACHIEVEMENTS OF STUDENTS

Winners

• 'ENVIRO' MUN conducted by College of Engineering Trivandrum, Anamika R (XII H) won the Best Delegate Award and a cash prize of Rs.5000/- in the UNODC(United Nations Office on Drugs & Crime). Ashik Vincent (XII H) was adjudged as the Best Photographer and won a cash prize of Rs.2000/- in the event. Minakshi Mallick (XII H) & Goutham Lakshman(X C) represented India in UNEP (United Nations Environment Programme) and won the Best Negotiator Award and a cash prize of Rs.2000/-. Pratap Alexander Muthalaly (XII H) represented France in UNODC and won Honorable Mention. Anjana Reghunath (XII H) represented Al-Jazeera in IP and won Special Mention.

- In the Painting & poster making competition conducted by Green Congress Farzan Nizam won merit certificate.
- Vaishnavi R Nair(IX), A R Anamika (IX) & A R Arundhathi (IX) secured Runners Up Trophy in the Painting Competition conducted at the CATC camp at CRPF, Pallipuram.
- In the IIST Model United Nations, Prathap Alexander Muthalaly (XII H) won the Best Speaker Award and a cash prize of Rs.3000/-; Goutham Lakshman(X C) won High Diplomacy Award and a cash prize of Rs.5000/-
- Essie V Ayrookuzhy won the First prize in Bharatanatyam, Mohiniyattom, Kuchipudi, Folk Dance & Monoact in the **Bharateeyam Kalolsavam**.
- In the Mega Mind Competition of 'Genesis 2K18' conducted by MGM Central Public School, Trivandrum on 7th July 2018 Satyajith R Nair (XII D) & Annie Thomas (XII H) secured Third position and a cash prize of Rs.1500/-.
- In the interschool competition '**Tattva**' conducted by Jyothis Central School Anamika R (XII H) & Ananya Mangal (XII D) secured First Prize in the debate competition. Anamika R (XII H) was adjudged as Best Debater. Aparna S Rajiv (XI G) secured Second Prize in the Persona competition. Ardha G Dileep (IX B), Lynette Mary Paulson (XII C) & Gouri Krishna (XI F) secured Second Position in the Treasure Hunt competition.
- Thomas Biju Cheeramvelil (IX F) & Vishnu K (VI B) secured 4th position in the Asianet Think & learn Challenge Quiz Competition. They qualified for the finals.
- In the All Kerala Balajana Sakhyam conducted by Malayala Manorama many of our students participated in various competitions. In the Junior section, Faiza Nazria (VII A) won First Prize in Malayalam Elocution & English Essay Writing, Kevin Joseph (VII B) won First Prize for Malayalam Story Writing. In the Senior section, Shaun G John (IX A) won First Prize in Malayalam Elocution, Adith M Mohan (X B) won First prize in Malayalam Essay Writing, Aravind M S (X B) won First prize & Gadha R Warrier (X D) won Second Prize for English Essay Writing.
- In the All Kerala Interschool Quiz competition Col.A.J. Nair Ashok Chakra, Kriti Chakra Memorial Quiz, Satyajith R Nair(XII D) & B R Neeraj (XII H) secured Second Position and received a cash prize of Rs.7500/-.
- In the Inter School Cultural competition organized by the **United Christian Movement**, held at St.Mary's School, Pattom Rithika Anna Mathew (XI F) secured First Prize & Shaun G John (IXA) secured Second Prize in Malayalam Elocution. Anjana Reghunath (XII H) secured First Prize in English Elocution.
- In the competitions held by *Kerala State Council for Child Welfare 2018*, Essie V Ayrookuzhy won the First Prize in Mohiniyattam & Third Prize in Monoact.
- In the Interschool Festival organized by Rotary Club, for Elocution Competition- Anamika R secured First Prize and a cash award of Rs.1000/-, Anjana Reghunath secured Second Prize and a cash award of Rs.500/-.
- In the Jingle bells Carol Singing Competition organized by St.Josephs HSS, our school secured the consolation prize and cash award of Rs.3000/-.
- DELF A1 & DELF A2 certificates exams were conducted by Alliance Francaise, the French Cultural Centre on 2nd & 3rd December 2018. 24 students of classes 8, 9, 10 appeared for the exams. They were awarded with the merit certificates approved by the French Ministry of Education.
- In the Dr.A V Varghese Memorial Oratorical Contest conducted by STRS, Anjana Reghunath(XII) secured First position, Riya Elizabeth Pothen (XII) secured the Second Position for English. For Malayalam, Shaun G John (IX) secured First Positon.
- In the Flower arrangement competition conducted in connection with Flower Show 2019, John Abraham Chandy (XI E) secured First Prize.

- In the Inquizitors Quiz conducted by Mar Ivanios College Pradyumnan B Nair (XI) and Arjun S (XI) secured Second Prize and cash award of Rs.2000/-.
- Thomas Biju Cheeramvelil (IX) and Rahul Krishna (XI) secured First Prize for the Mathematics Quiz competition conducted by the Lions Club.
- In the Ramanuja Maths Quiz conducted by Mar Ivanios College for Upper Primary section, Sudeshhna B (VII E) & Kevin Joseph (VII B) secured Second Prize and cash award of Rs.1000/-.

Participation

• Adhinarayanan G S ,Devanandhan V &Adithya P participated in the Poster Making contest organized by The Green Congress.

OLYMPIADS

The Fourth Academic Excellence Scholarship towards outstanding all round performance in SOF exams during the year 2017-18 was awarded to Thomas Biju Cheeramvelil (IX)

- ☐ International English Olympiad -13 students secured Certificates of Zonal Excellence
 - Atul Abraham Joseph secured Zonal Silver Medal and a cash prize of Rs.2500/-.
- ☐ National Cyber Olympiad 14 students secured Certificates of Zonal Excellence
- Thomas BijuCheeramvelil secured Zonal Gold Medal and a cash prize of Rs.5000/-
- Rachel Elizabeth Mathew secured Zonal Silver Medal and a cash prize of Rs.2500/-.
- ☐ National Science Olympiad 6 students secured Certificates of Zonal Excellence
 - Dev Bhutani secured Zonal Gold medal and cash prize of Rs.5000/-
- ☐ <u>International Mathematics Olympiad</u> –7 students secured Certificates of Zonal Excellence
- Abhinav P S secured Zonal Gold Medal and a cash prize of Rs.5000/-.
- Sudeshhna B secured Zonal Silver Medal and a cash prize of Rs.2500/-.
- Thomas Biju Cheeramvelil secured Zonal Silver Medal and a cash prize of Rs.2500/-.
- Rachel Elizabeth Mathew secured Zonal Bronze medal and a cash prize of Rs.1000/-.
- Vybhav Nath C A secured Zonal Bronze medal and a cash prize of Rs.1000/-.
- ☐ International Company Secretaries Olympiad 3 students secured Certificates of Zonal Excellence
- Diya Suresh secured Zonal Bronze Medal

INTERNAL ACTIVITIES

- <u>Investiture</u> Investiture ceremony 2018 was held on 22nd June 2018. Epaulettes and badges were presented to the prefects from Primary, Middle School, High School and Higher Secondary section.
- Felicitation Ceremony This academic year Felicitation Ceremony was held on 13th June 2018. Shri T K Vinod Kumar, IPS who was the Chief Guest for the function, felicitated the toppers of AISSCE & AISSE 2018. Dr.Rajan Varghese-Secretary, MTCES, Sri.Mathew John-Former Treasurer, MTCES, were present for the function.

❖ Sanfiesta 2018

The Inter house Art & Literary competitions Sanfiesta 2018 was inaugurated on 20th July 2018. The competitions were held for 13 group events and 36 individual events for Category I, 41 for Category II & III. **Blue house was adjudged the best house in Art & Literary competition with a score of 425 points**. Red house secured second place with 360 points. Yellow house secured third place with 322 points. Green house secured fourth place with 287 points.

The individual champions are :-

Megha Jayaram (VII E) - Cat I Srishti Singh (IXD) - Cat II Anamika R (XII H) - Cat III

Inter House Drama-English

In the Inter House English Drama Competition Yellow House won the **first** prize for the 'Best Drama'. The **second** prize was bagged by the Blue House and the **third** prize was bagged by Green House. Nandana Udayakumar(IX E) was adjudged the 'Best Actress'. Anantha Padmanabhan (XI D) was adjudged the 'Best Actor'.

❖ Inter House Drama-Malayalam

In the Inter House Malayalam Drama competition Blue House won the **first** prize for the Best Drama. The **second** prize was bagged by the Yellow House and Green & Red House shared the **third** prize. **Rithika Anna Mathew**(XI F) was adjudged the 'Best Actress'. **Mrithul Krishnan** (X B) was adjudged the 'Best Actor'.

❖ Inter House Debate -English

In the Inter House Debate competition English, Category III, Anjana Reghunath(XII H) of Green House was adjudged the Best Debater. Anjana Reghunath(XII H) & Anamika R(XII H) of Green House secured the First position. Bhadra Suresh (XII H) & Satyajith R Nair(XII D) of Blue House secured the Second position. Architha H S (XII H) & Ananya Mankal (XII D) of Red House secured Third position.

In category II, **Gautam Lakshman (X C)** of Yellow House was adjudged the **Best Debater**. Sruthy K S (X D) & Soundarya Padmanabhan (X D) of Blue House secured the first position. Aravind M S (X B) & Gautam Laxman (X C) of Yellow House secured the Second and Eshana N (IX F) & Anagha Rajesh (VIII D) of Red House secured Third position.

❖ Inter House Debate -Malayalam

In the Inter House Debate competition Malayalam, Category III, Anamika R (XII H) & Sangeeth V Mathews (XI F) of Green House secured the First position. Archita H S(XII H) & Anju V G(XII F) of Red House secured Second position. Diya Ann Jose (XII H) & Nanda Kumar (XII G) of Blue House secured Third position. **Anamika R (XII H) was adjudged the Best Debater.**

In Category II, Shaun G John (IX A) & Gautam Choodan (X B) of Yellow House secured the First Position. Shreya S Sabu (VIII A)&Aleena V S (X D) of Blue House secured the Second Position. Devika Vinu Mathew (IX B) & Abhimanyu S V (X E) of Green House secured Third position. Aleena V S (X B) of Blue House was adjudged the Best Debater.

❖ KERALA PIRAVI

Kerala Piravi Day' was celebrated in our school on 1st Nov 2018, Thursday during the assembly. The chief guest for the occasion was the Musician, Sri.Kaavalam Sreekumar. Many programmes were conducted for the students.

❖ CHILDREN'S DAY

As part of the Children's Day celebrations, programmes were held and proficiency prizes were distributed. Rev. Fr. John C C,Principal, St.Mary's Pattom, was the Chief Guest for the event.

❖ CHRISTMAS DAY

This year the chief guest for Christmas day celebrations was Rev.Ansen Cherian, Vicar, Salem Mar Thoma Church, Mylachel. Students were enlightened by the message delivered by Achen. Many competitions were organized.

❖ TEACHER'S DAY

Teacher's day was celebrated on 5th September 2018. The school Chaplain blessed the occasion with his presence and prayer during the assembly. Students of Class XII shared their experience on the stage.

❖ CBSE AFFILIATION

This year we had an inspection from the CBSE Board for the renewal of school affiliation. The Board representative was impressed and satisfied by the smooth functioning of our school.

PHYSICAL EDUCATION & SPORTS

- The School Annual Athletic Meet was inaugurated by **Mr.ShefeenAhammed**, **IPS**, **Deputy Inspector General of Police** on 27th September 2018 and the closing ceremony was presided over by our former Treasurer Shri.Mathew John on 28th September 2018. Competitions were held for various events under different age categories separately for boys and girls.
- In the CBSE Cluster XI All Kerala Athletic Meet 2018 held at Municipal Stadium, Pala, Kottayam, Robin Pereira (XII) secured gold medal in Long Jump in the Under 19 category (boys). He secured fourth position in the Nationals held in Karnataka.
- In the CBSE Cluster XI All Kerala Athletic Meet 2018 held at Municipal Stadium, Pala, Kottayam; Vibhu P(XI) secured silver medal in the 1500mtrs in the under 17 category. He also got selected for the Nationals held in Karnataka.
- **Abi Biju(X)** is a member of the Kerala State Cricket Team in the Under 16 category. In the Under 16 Vijay Merchant Trophy, Abi Biju represented the Kerala Team. He became the 8th Highest wicket taker in India and the 2nd highest wicket taker in South Zone by taking 27 wickets. He also played in the Under 23 Trivandrum District Team. **Abi Biju got selected in Under 16 ZCA(Zonal Cricket Academy). He is also the member of Under -19 South Zone team in Kerala.**
- Rohan Nair(X) is a member of Under 19 District team. He was the Captain of Under 16 District team, Vice Captain of Under 16 Kerala team and Man of the Series in All India Under 15 Tournament.

- Gopika Sivakumar (V) participated in the South Zone Sahodaya Skating competition, she secured Gold medal for 500mtrs and 1000mtrs. In the State meet organized by Roller Skating Federation of India, she secured Silver medal for 100mtr and Bronze for 500mtr and 1000mtr. In the Roll Ball Skating State meet held at Central stadium, Trivandrum she secured a Gold medal. In the All Kerala Roller Skating Invitational Tournament 2018-19, Gopika won Silver & Bronze medal.
- **Shahana H (XI)** secured Silver medal for 500 mtrs and Bronze for 1000mtr in the skating competition organized by CBSE South zone held at Maharashtra. She qualified for the nationals held at Chattisgarh. In the State meet organized by Roller Skating Federation of India, she secured Bronze Medal for 500mtr.
- **Meenakshi Vinu(VII)**secured 1st position in the Doubles and 2nd position in the Singles in the All Kerala Badminton sub junior ranking tournament, held at Kozhikode. In the All Kerala Badminton team championship, held at Trivandrum, she secured 1st position in the Doubles and 3rd for the Singles. She also participated in the Under 13 National Badminton Tournament held at Andhra Pradesh.
- A group of nine NCC student cadets attended a Combined Annual Training Camp (CATC) at CRPF, Pallipuram. Vaishnavi R Nair (IX) received the Best Cadet Award in the camp.
- In the exam conducted by NCC Directorate, 8 NCC cadets secured A grade and 10 secured B grade.
- ❖ Wall magazines Classes took turns to put up wall magazines based on a theme on the school display boards which gave them an opportunity for team work, creativity and cooperation.
- ❖ Class Magazines were also brought out by the students of each class from V to IX. This is a joint effort by students and it helps in developing their abilities for working together and sharing responsibilities.
- ❖ Inter-class Debate, Drama, Quiz, Elocution and Public speaking Competitions were also conducted to develop leadership skills of the students.
- ❖ Assembly- We have morning assembly on Mondays, Wednesdays & Fridays. On Friday, the assembly is organized by different classes on a particular theme. These assemblies inculcate in the students a sense of punctuality, quick organization and collective responsibility.
- ❖ Academic Council meetings are conducted regularly every month where in important matters of academics are discussed and decisions are taken.
- ❖ 'School Swachhta Campaign' was observed in the school on 1st October 2018 to inculcate the values of hygiene by making the students aware of Swachhta Mission. Various competitions like drawing, quiz and poster making were conducted.
- **Rashtriya Ekta Divas** was observed on 31st October 2018. Students and teachers actively participated in the event.
- ❖ **Vigilance Awareness Week** was observed from 29th October to 3rd November 2018 as per the instructions given by CBSE.

- **Study tours** were organized for students of classes I to XI.
- ❖ The School Choir comprising the Junior Choir (Classes V VII and Senior Choir (Classes VIII XII) were given effective training by the Choir Master Mr. Bejoy Mathew.
- ❖ Club Activities The club activities conducted in the school catered to the all-round development of the students. Teachers were also assigned duties for various clubs. Various clubs are Art, Music, Cookery, Quiz, Heritage, Social Service, English, Debate and First Aid. Saturdays were kept aside for club activities. Grades were awarded to the students based on their level of participation.
- ❖ Parent Teacher Meeting was held this academic year as per schedule. Along with the regular meeting, special schedules were arranged for the parents of the weak students.

***** VALUE EDUCATION

Value Education Classes are held on a regular basis. We lay stress on the fact that a good human being is more important than anything else and try to mould students to be empathetic. A great deal of emphasis is therefore laid on manners and etiquette with moral values.

❖ AGENDA TO IMPROVE SPOKEN ENGLISH

A concerted effort has been made to improve the spoken English and Communication skills of students in the school and we can state with pride that remarkable improvement has been observed in this area. More activity oriented teaching involving role play, group discussion etc have been introduced in the English Classes. We have also introduced Interclass, Inter-house and Intra-class Debate, Drama and Quiz Competitions from class V onwards in order to give students an opportunity to hone their Public Speaking Skills.

❖ CAREER CARE UNIT

St. Thomas has strived to lay the foundation of our students' lives with a Career Care Centre under the able guidance of Mrs. Betty Ninan. Career classes were conducted for Class 12 students. Students who got admissions to Delhi University Colleges gave a talk for Commerce and Humanities students of Class XI & XII. Topers of our school, Stephy Stephen, Jasmine Naur Hafiz, Gokul Krishna gave a talk on IIT Humanities, Mumbai & Tata Institute of Social Sciences, Madras. A guidance session was given to selected students who were planning to pursue careers in Creative and Design field by Fida Fatima, who secured multiple entries to NIFT, FDIad UCEED. Aptitude test for Class X students were organized. Seminar on Chartered Accountancy and ACCA was held for Commerce students.

COUNSELLING SERVICE

In today's world, students come across various stresses and obstacles that might affect their growth and development. Counselling helps students cope with these stresses and overcome them. It helps in preventing normal problems from becoming more serious. It also aims for positive mental health and assist students in decision making and changing behavior. The school counselling department under the leadership of Mrs.Jaya Elizabeth Ninan, who is a qualified counsellor help students to develop strategies to deal with educational, personal and social problems. Students and parents make use of her services,

which helps students through individual counselling, student enrichment programmes like awareness classes, consultation and co-ordination. A session for Class VIII students, was given by Mr.Abraham Wilson from Campus Crusade on 'Influence of Media'. The session helped in creating awareness among students in decision making, adolescent growth, developing strategies to solve problems etc.

* ALUMNI

This year Alumni put up a Food Stall on 20th July 2018, in the school premises and collected an amount of Rs.38402/-. Appu N Bhattathiri was honoured in a function conducted in the school for being the recipient of The Kerala State Film Award for the Best editor. The Alumni of our school also joined for the contribution of Flood relief materials to the affected areas.

Alumni-Scholarships

Dr. Vivek Kirshnan Memorial Award for excellence in English is awarded to Vybhav Nath C A for the Academic Year 2017-18 and is given a cash award of Rs. 5000/-. Dr. Vivek Krishnan Memorial Annual Scholarship Award of Rs. 12000/- (for 2 years) is given to students who excel in extracurricular activities. This year four students were awarded the scholarship. They are Riya Mary George, Robin Pereira, Nandana Udayakumar & Vighnesh Anil.

SOCIAL SERVICE

"The smallest act of kindness is worth more than the grandest intention" – quoted by Oscar Wilde.

As the State witnessed the worst flooding, our students volunteered by donating essentials worth Rs.7 Lakhs to the various schools and other institutions in Thiruvalla, Alappuzha and Kozhencherry.

A cheque worth Rs.8 Lakhs, collected by the students of St.Thomas Schools for the 'Chief Minister Flood Relief Fund-Kerala' was handed over to the honourable Chief Minister Sri.Pinarayi Vijayan by the office bearers of the three schools in the presence of Dr.Rajan Varghese, Secretary; Sri.Mathew George, Treasurer; Principals of the three schools & Mr.Abraham Thomas.

As part of charity collection organized by MTCES, our students ,staff& alumni were able to contribute an amount of **Rs.157507/-** for a noble cause. This is intended to instill in students values of compassion and empathy for the less privileged ones.

An amount of **Rs.40510/-** was collected to help the Grama Jyothi Special School.

A collection of **Rs.7500/-** was given to The District Sainik Welfare Officer by our school students through the sale of Armed Force flags.

A collection of **Rs.4400/-** was given to National Foundation for Communal Harmony by our school students through the sale of stamps.

The middle school section of our school visited the Mar Thoma Hospital Guidance and Counselling Centre, Trivandrum with 46 students and 4 teachers, on 30th November 2018

as a part of Christmas day celebration. They donated Rs.29000/- and distributed necessities to the inmates.

OBITUARY

On behalf of the St.Thomas fraternity, I offer my heartfelt condolences on the sad demise of Rt.Rev. Gee Varghese Mar Athanasius, Suffragan Metropolitan who entered into eternal rest on 18th April 2018; Rev. A C Kurien , former Member Executive Committee on 22nd May 2018; Mr.T C George, our former Treasurer of MTCES, on 8th December 2018 . Their services to the Society and our institution will always be in our memories.

OUR GRATITUDE

I would like to place on record our sincere gratitude to His Grace The Most Rev.Dr. Philipose Mar Chrysostom Mar Thoma Valiya Metropolitan, our Patron, His Grace The Most Rev.Dr.Joseph Mar Thoma Metropolitan, **Rt. Rev. Joseph Mar Barnabas Episcopa**, President of Mar Thoma Church Educational Society for his guidance and blessings. I thank Dr.P J Alexander, IPS(Retd), Vice President, Mar Thoma Church Educational Society for his support and guidance.

The strength of our school is the able leadership of Dr.Rajan Varghese, Secretary and Shri. Mathew George, Treasurer of Mar Thoma Church Educational Society. We are grateful for the care and comfort given to us by them.

Our former Vice President, Dr.M O Koshy and former Treasurer, Shri.Mathew John, were a great source of inspiration to the school. I thank them for their support, involvement and commitment in the development of our institution.

I thank our Chaplain Rev Vineeth Easo Mathew, for inspiring us through his meaningful messages.

I thank the Principals of our sister schools and colleges – Mr.Baby Kutty Rajan, Principal, St.Thomas Residential School, Mrs.Annamma Cherian, Principal, St.Thomas Higher Secondary School, Dr.Anila Chacko, Principal, St.Thomas Training College and Dr.Usha Thomas, Principal, St.Thomas Institute of Science & Technology. I would like to extend my gratitude to Mr.Jacob T Varghese, Boarding Superintendent, Mrs.Anoo John, Headmistress, Playschool Kumarapuram, Mrs.Brinda Nair, Headmistress, St.Thomas Preprimary, Kumarapuram, Mrs.Lenu Elizabeth Thomas, Headmistress, St.Thomas Public School and Mrs.Saira Paul, Pre-primary Headmistress for their cooperation and encouragement.

I am thankful to Mr.Cherian Varghese, Construction Committee Chairman, Mr.Mathew C George, Finance Officer, Mrs.Susan Verghis, Administrative Officer, and Mr.P V Oommen, Transport Supervisor. I also extend my gratitude to Mr.Anantha Lal, Site Engineer, Mr.Vasudevan Pillai, Site Supervisor and Mr.Aby Cherian, Canteen & Mess Manager.

I specially thank Mr.Binil Joseph Mathew, computer center in charge, Mr.Benny Mathew, Campus Supervisor, Ms.Vijayamma, infirmary in charge and the security staff for their adequate support throughout the academic year.

I would like to place on record my heartfelt gratitude to Mrs.Shirley Philip, Vice Principal, Mrs.Asha Varghese, Headmistress, Middleschool, Mrs.Reena Mariam Abraham, Headmistress, Primary, Mrs.Anne Thomas & Mrs.Rajasree K S, our Administrative Assistants, all the members of Teaching

& Non-Teaching Staff and my students for their support, involvement and commitment in the prosperity of our Institution.

I thank all the parents who have put their trust in us and are our pillars of support.

At St. Thomas Central School, we are a community of learners, working together to prepare young people for tomorrow's world through a broad and stimulating curriculum. Motivating our students providing them with exciting learning experiences, we try to build their self confidence so that they are dauntless to take the risk of attempting new challenges.

To realise their true potential and help them blossom and grow as individuals, we provide them academic, social and emotional skills.

Placing faith in Lord Almighty that we succeed in our endeavours, I wrap up the Annual Report of 2018-19.

"Give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than the current situation."

Thank you

Mr. Varghese Samuel Principal